



Q: How much do I take per day? How much would I need for a months supply?

A: Mix one serving (one scoop/tablespoon) of Pulse-8 with 4-8 oz of water (to suit your taste). One serving provides 5 grams of pharmaceutical-grade elemental L-Arginine, and may be taken TWICE a day. There are 30 servings per container so, depending on whether you take 1 or 2 servings you will need 1 to 2 containers per month. (2 servings per day will last approx 15 days, 1 serving per day will last approx 30 days.)

Q: Is Pulse-8 safe to take if I have recently had a heart attack? Is there a warning on the Label for those who have had a heart attack?

A: We recommend that you consult your health care provider prior to using this product if you are pregnant, nursing, or have a known medical condition including, cancer, diabetes, herpes, coronary heart disease, or have had a heart attack. Consult your health care provider before use if you take any medications including those for diabetes, high blood pressure, heart conditions, or erectile dysfunction. Yes there is a warning on the label stated similarly to the one above.

Q: How often should I take Pulse-8?

A: Best taken prior to bedtime upon an empty stomach and following exercise, the times when your growth hormone levels are the highest.

Q: Can you take too much Pulse-8?

A: There have been studies with mega doses of up to 60grams with no side effects. Each person has biochemical individuality, and significantly differing needs for amino acid supplements. 4 to 6 grams is the daily need.

Q: Is Pulse-8 manufactured by ForeverGreen?

A: Pulse-8 is manufactured by a leading private label company that has a strong relationship with ForeverGreen.

Q: Can you take pulse-8 while you are nursing or pregnant?

A: We recommend that you consult your health care provider prior to using Pulse-8 if you are pregnant or nursing.

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Listen to your heart,
stick around, and start loving
others by loving yourself.
It starts with PULSE-8.



Q: Why is it beneficial /important to take Pulse-8?

A: Pulse-8 is a specifically-compounded formula that contains pharmaceutical-grade L-arginine and a targeted, proprietary blend of eight heart felt nutrients to provide maximum cardiovascular support. Including Vitamin B Complex (B3, B6, B9, B12), Vitamin C, Vitamin D, Calcium, CoQ10, Inulin, Acai, Pomegranate, Red Wine Extract. Heart Disease is the number-one killer of both men and women, and kills more than the next nine causes of death combined. L-Arginine is required in muscle metabolism and helping with weight control since it facilitates the increase of muscle mass, while reducing body fat.

Q: Are there any clinical Studies on Pulse-8

A: ForeverGreen has not conducted it's own studies on Pulse-8, however many studies have been conducted on the ingredients used in Pulse-8. Here is a site that we have found that has some great information on l-arginine: www.ayoungheart.com

Q: How many servings per container?

A: 30 Servings

Q: is Pulse 8 a Powder or a capsule?

A: a Lemon Lime Powder

Q: Is it ok to combine FrequenSea, ElectriFire and Pulse 8 in my daily regimine?

A: yes

SUPPLEMENT FACTS

Serving size: One Level Scoop (10 g)

Servings/container: 30

	Amount per serving:	% Daily Value
Ascorbic Acid	60 mg	100
Niacin	10 mg	50
Vitamin B6	2 mg	100
Vitamin B12	60 mcg	1000
Folic Acid	4 mg	1000
Vitamin D3	2400 IU	600
Calcium	10 mg	1
Proprietary blend:	9.7 g	*
L-Arginine, Malic Acid, Inulin, Citric Acid, Natural Lemon Lime Flavoring, Xylitol, L-Citrulline, D-Ribose, Pomegranate Extract, Red Wine Extract, Acai Extract, Honey Crystals, Co Q 10.		

* Daily Values not established

Directions: Mix one serving (one scoop/tablespoon) of Pulse-8 with 4-8oz of water (to suit your taste). Stir to dissolve. If water is very cold, mixture will take longer to dissolve. One serving provides 5 grams of pharmaceutical-grade elemental l-arginine, and may be taken twice a day.

Store in a cool, dry place. Color and taste may slightly vary with the use of natural flavors.

Caution: Consult your health care provider prior to using this product. If you are pregnant, nursing, or have a known medical condition including cancer, diabetes, herpes, coronary heart disease, or have had a heart attack. Consult your health care provider before use if you take any medications including those for diabetes, high blood pressure, heart conditions, or erectile dysfunction.